

About James Allen Lippold

SUMMARY STATEMENTS

RELATIONSHIPS:

- 2 Marriages to good women over 20 years
- A few Deep, lasting Friendships - 4 lasting 56 years, and many good coworkers, colleagues, and acquaintances.

MY DARK SIDE:

- I've had failures, made mistakes, been investigated & sanctioned.
- Suffered Anxiety & Depression.
- Enrolled in years of psychotherapy.
- Learned Humility, Compassion and to be non-judgemental.

KEPT A SENSE OF HUMOR - HAVE HAD A LOT OF FUN AND LAUGHS AND MORE THAN MY SHARE OF JOY AND PLEASURE

My mission statement could have been "Be of Service and Have Fun Doing It."

MY LIFE'S JOURNEY: CAREER

1. DIRECT SERVICE to individuals with severe and persistent mental illness (21 years)
2. TEACHING about mental health & social work practice (13 years part time), and
3. providing ORGANIZATIONAL LEADERSHIP serving as EXECUTIVE DIRECTOR of a youth center, community mental health center and an adult day health program (25 years).

Obituary

Jim was born in Woodstock Illinois to Betty J. (Camp) and Ralph G. Lippold. Brother Robert G. Lippold. While growing up, he was active in Presbyterian church, cub and boy scouts, and the Order of DeMolay. He showed an early and eventual life-long passion for service to others by volunteering through the church and various social service organizations.



The volunteer spirit started as a teenager and continued for 55 years by working with more than 25 different agencies or programs. This commitment to service was also demonstrated in career choices as well. He attended Northern Illinois University for 2 years completing courses in general studies. When faced with the prospect of having to participate in the disastrous Viet Nam war, he made the choice to become a Conscientious Objector and was drafted to perform 2 years of alternative civilian service in 1969. That civilian service began when he founded a non-profit drop-in center for teens, known as The Woodstock Youth Center Association, Inc.

He married childhood sweetheart, Sharon Polizzi just prior to commencing his second year of alternative service following a move to Boulder, Colorado where he began working at Colorado Psychiatric Hospital. He resumed his education at Metropolitan State University in Denver earning a bachelor's degree in Behavioral Science with a minor in philosophy. His marriage to Sharon ended during this time.

After graduation from college, he began work in the social work department of the University of Colorado Health Sciences Center. He moved back to Woodstock for two years in 1981 and worked at McHenry County Mental Health Center. He then returned to Denver and worked at several different area community mental health centers and psychiatric hospitals.

In 1988 he married Lisa Clemmons and soon after moved to Spokane, Washington to enroll at Eastern Washington University's Master of Social Work graduate program. Upon graduation with a Master of Social Work degree, he opened a general mental health private practice. After several years, he transitioned from private practice to working part-time at Lincoln County Community Mental Health Center. One year later was promoted to clinical director and one year after that was promoted to executive director, a job he held for eleven years.

Simultaneous to work at Lincoln County, he joined the faculty of Eastern Washington University's graduate school of social work on a part-time basis. He taught classes in mental health, social policy and principles of advanced generalist practice. He continued to teach graduate school classes for 12 years. During this period his marriage to Lisa ended.

Upon leaving employment at Lincoln County, he worked briefly on the west coast of Washington assisting with an organizational leadership transition. He returned to

Spokane to assume the executive director duties for Providence Health Care's Adult Day Health program, a position he held for eleven years until his retirement in 2012.

In retirement he continued various volunteer jobs and part-time teaching at the local community college with classes in mental health and dementia. In 2019 life took a dark turn when in just a 3 month period he was diagnosed with prostate and esophageal cancer and cardiac issues. He endured chemo and radiation treatments followed by surgery.

My Internal Ethnic Diversity

From now on, when asked to complete the Race/Ethnicity portion of various application type forms, I will no longer be content to just check "Caucasian" Nor will I likely identify myself as mostly "German" on paper, in conversation or in writing.

Those constructs barely have any meaning today. There's been tremendous amounts of intermixing of cultures, nationalities, races, etc. on international levels.

Go back far enough, I hail from Africa. A bit less far, I'm Middle Eastern, Mediterranean, Iranian, and even Neanderthal! Then my ancestors trekked around Europe gathering varieties of culture and genetic material.

Gosh, it so difficult to have an "us-them" thought anymore! I am really now, both "us" and "them." Ethnicity that's "Superior" or "Inferior" are meaningless, as I am some mix of large numbers of multiple ethnic and certainly faith traditions.

I just got my DNA test results back from Ancestry.com - it turns out that like most of us, my DNA has been all over the place.

To be most accurate when I fill out that optional ethnicity check box, I should write "other" and detail as follows:

More "Recent" family origins:

Great Britain 39%

Europe East 19%

Scandinavia 17%

Italy/Greece 8%

Ireland 7%

Trace Regions 9% (below)

Europe West 4%

Iberian Peninsula 3%

Finland/Northwest Russia < 1%

European Jewish < 1%

West Asia < 1%

(Source: Ancestry.com DNA Test)

From "Deep' (older) Genetic Ancestry DNA (Starting 140 to 180,000 & out of Africa about 70,000 years ago). Traced both parents back 6 generations.

Northern European = 41% (UK, Denmark, Finland, Russia & Germany)

Mediterranean = 37% (Sardinia, Italy, Greece, Lebanon, Egypt & Tunisia)

Southwest Asian = 20% (India, Tajikistan & Iran)

Neanderthal 2.9% ("everyone living outside of Africa today has a small amount of Neanderthal in them - a living relic of ancient encounters")

My first and second "Reference Population" (DNA similarity to current populations) is German & Greek. (Source: National Geographic DNA)